

Nотевоок

THE SHORT TERM EDITION

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**#MAMMABYEC** 



#### PURPOSE OF THIS NOTEBOOK

WE LIVE IN A WORLD WHERE WE ARE CONSISTENTLY
OVERWHELMED WITH INFORMATION, IDEAS, GOALS
ETC.

THIS NOTEBOOK WAS CREATED TO HELP YOU TRULY
FOCUS ON YOU, YOUR GOALS & DEFINING WHEN &
HOW YOU WILL MAKE THEM HAPPEN!

IF YOU DO NOT PUT THE TIME AND ENERGY INTO
ACHIEVING YOUR GOALS YOU WILL NEVER CHECK THEM
OFF THE ACCOMPLISHED LIST.

TIME TO BET ON YOU!!!!!!

REMEMBER YOU CANT DO EPIC SH\*T WITH BASIC PEOPLE & YOU MUST BE WILLING TO INVEST IN YOURSELF!



# MODEL GOALS OP 5 GOALS THAT YOU

ACCOMPLISH / EXECUTE WITHIN 3 MONTHS.





## GOAL DEFINED

#### **OUTLINE EACH GOAL WITH GREAT DETAIL.**

Goal# Deadline:		
TEAM NEEDED:		COST
LIST S	TEPS TO MAKE I	T HAPPEN



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HOPEFULLY THIS NOTEBOOK WAS ABLE TO HELP YOU FOCUS ON YOU AND THE SHORT TERM GOALS YOU WANT TO ACCOMPLISH.

IF YOU WOULD LIKE ANY ASSISTANCE /
REVIEWING PLEASE SET UP A 30 MIN
CONSULT CALL WITH ME.

WE WILL GO OVER EACH GOAL, MAKE SURE ALL POSSIBLE DETAILS WERE COVERED.
POSSIBLE ASSISTANCE REFERRING
NECESSARY PEOPLE OR HELPING FIND
THEM.

SCAN QR CODE











